



RF Safety

SHE001

Arqiva SHE Site Access Requirements

This information sheet is designed to detail the mandatory requirements that anyone accessing and working on an Arqiva site should follow. A number of information sheets are available on variety of subjects. This information should be read in

conjunction with the other information sheets applicable to the activities you are undertaking.

This information sheet details mandatory RF safety requirements when accessing rooftops or climbing masts or towers.

Responsibilities

You are responsible for:

- Planning your work
- Preparing a suitable method statement and risk assessment

- Determining RF hazards and ensuring a safe system of work is in place
- If an Arqiva site attendee is present they are not responsible for ensuring that the work area is safe from an RF perspective

RF Information

The following RF information is provided on the site access permit to help you plan your work safely:

- The RF notice board
- Details of high power transmitters

Personal Monitors

- All climbers and roof workers must have attended an RF awareness course.

Training

The following RF information is provided on the site access permit to help you plan your work safely:

- The RF notice board
- Details of high power transmitters

Antenna Isolations and Power Reductions

If your work requires shutdown or power reductions on antennas other than those that you are working directly on, to give you safe access, a safe system of work form

must be completed. This will be provided by the site access team, along with your gateway permit and must be completed by the climbing team leader.

Emergencies

All accident, incidents and near miss must be reported to the Arqiva Accident Report Line by ringing 01926 416650.

If you have been involved in a suspected RF overexposure, ring Site Access on 01962416236. The Site Access team will

arrange to fax RF information for doctors to the medical facility that the individual is attending. Most doctors do not fully understand the effects of RF and it is important that they receive this information so they can accurately diagnose any health implications and provide the correct treatment.